

# TRANSITIONING FROM SUMMER TO SCHOOL



Know important return dates and times

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Model confidence, encouragement, and positivity

Meet up with friends attending the same school

Explore the school grounds

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List what will change and what will stay the same

Talk about and validate feelings

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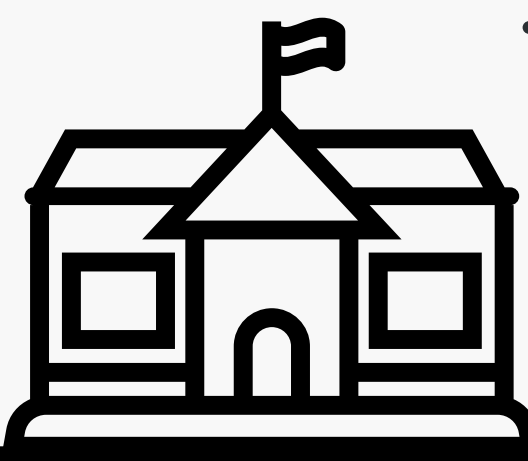


Adjust bedtimes and wakeup times

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Try a dry run before the 1st day

Build positive relationships with school staff



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Have realistic expectations - expect some challenges and allow time to adjust

## WELCOME TO A NEW SCHOOL YEAR!

For families joining us for the first time, we would like to wish you a warm welcome into School District 60! If you're returning for another school year with us, welcome back! We hope you all had an enjoyable summer and are looking forward to a wonderful year of learning. Our staff are looking forward to forming partnerships with all of our families and supporting the intellectual and social-emotional development of students. It is our hope that a few of the suggestions help to embrace change and new beginnings as we transition from summer to school. Can't wait to see you all soon!



**SCHOOL DISTRICT 60  
PEACE RIVER NORTH**