



2021/2022 ONLINE

# Monthly Parenting Seminars

FREE

Peace  
Positive  
Parenting  
Initiative

Whether you are parents, guardians, grandparents, foster parents, or other types of supports for children, you are welcome to attend our monthly zoom sessions.

The topics covered are applicable to any age children living at home.

## When:

The **3<sup>rd</sup> Wednesday** of each month  
from November-May  
(excluding December and March)

**6:00-7:00pm**

*With time afterwards for  
discussion/support/questions*

*November 17<sup>th</sup>, January 19<sup>th</sup>,  
February 16<sup>th</sup>,  
April 20<sup>th</sup>, May 18<sup>th</sup>*

## Where:

Online Zoom session can be  
accessed on any device. **Link will  
be provided upon registration**

## Topics Covered:

November – **Talking with Your Child, Not at Them:** *The differences inclusion & choice make in communication*

January – **Navigating Anxiety and Supporting within the Family:** *Helping Enhance Intrinsic Motivation and One's Sense of Agency*

February – **Understanding the ADHD Brain:** *Support & Strategies for Parents*

April – **Parent Training for Disruptive Behaviours:** *Prevention Strategies for Daily Challenges with our Kids*

May – **Diversity within Identity Development:** *Understanding the Effects of SOGI in our Kid's lives*

LIMITED SPACE

**EMAIL TO REGISTER**

Whether you would like to register for all sessions or only specific topics, email Crystal Anielewicz to reserve your spot and receive the Zoom link.

**canielewicz@prn.bc.ca**

Hosted by School District 60

And Community Contributors

